

SYSL Age Group Rules

SYSL Rules u10

1. 9v9 on the field (minimum of 6 players to start the game)
2. Length of game 40 min 2 =20 mins half's not counting half time. (2 = 20mins half's)
3. There must be a goalie (1) and 8 field players
4. There will be off-sides, throws in , free kick , direct and indirect
5. ALL players are to play 50/50 regardless of attendances of practice.
6. Substitutions shall be called pursuant to the laws of the game (possession and dead ball situations).
7. Good sportsmanship after the game shakes hands. Coaches have parental involvement, encourage cheering and tunnel after the game.

SYSL Rules u12

1. 11v11 on the field (minimum of 8 players to start the game)
2. Length of game 50 min 2 =25mins half's not counting half time. (2 = 25mins half's)
3. There must be a goalie (1) and 10 field players
4. There will be off-sides, throws in , free kick , direct and indirect
5. Substitutions shall be called pursuant to the laws of the game (possession and dead ball situations).
6. ALL players are to play 50/50 regardless of attendances of practice.
7. Good sportsmanship after the game shakes hands.