

SYSL Age Group Rules

SYSL Rules u4

1. 5v5 on the field (minimum of 3 players to start the game)
2. Length of game is 20 mins not counting quarters and half time. (4 = 5min quarters)
3. No goalies no penalty kick, or throw ins. (coaches will re-start the game with a drop ball on the Field).
4. 2 coaches on the field one per team. There will be no referees. Coaches be prepared to referee your own game bring a whistle. Reframe from favoring your own team.
5. NO substitutions unless a player is hurt keep 5 player on the field.
6. ALL players are to play 50/50 regardless of attendances of practice.
7. Good sportsmanship after the game shake hands. Coaches have parental involvement, encourage cheering and tunnel after the game.

SYSL rules u6

1. 7v7 on the field (minimum of 5 players to start the game)
2. Length of game 40 min not counting quarters and half time. (4 = 10mins quarters)
3. There must be a goalie (1) and 6 field players
4. Throw in are instructional. There will be corner kicks, NO Penalty kick All free kick will be indirect two touch
5. NO substitutions unless a player is hurt keep 7 player on the field.
6. ALL players are to play 50/50 regardless of attendances of practice.
7. There is NO offside to be called by the referee.
8. Good sportsmanship after the game shakes hands. Coaches have parental involvement, encourage cheering and tunnel after the game.

SYSL rule u8

1. 7v7 on the field (minimum of 5 players to start the game)
2. Length of game 40 min not counting quarters and half time. (4 = 10mins quarters)
3. There must be a goalie (1) and 6 field players
4. Throw in are instructional there will be corner kicks, NO Penalty kick All free kick will be indirect two touch
5. NO substitutions unless a player is hurt keep 7 players on the field.
6. ALL players are to play 50/50 regardless of attendances of practice.
7. Good sportsmanship after the game shakes hands. Coaches have parental involvement, encourage cheering and tunnel after the game.
8. There is NO offside to be called by the referee.

SYSL Age Group Rules

SYSL Rules u10

1. 9v9 on the field (minimum of 6 players to start the game)
2. Length of game 40 min 2 =20 mins half's not counting half time. (2 = 20mins half's)
3. There must be a goalie (1) and 8 field players
4. There will be off-sides, throws in , free kick , direct and indirect
5. ALL players are to play 50/50 regardless of attendances of practice.
6. Substitutions shall be called pursuant to the laws of the game (possession and dead ball situations).
7. Good sportsmanship after the game shakes hands. Coaches have parental involvement, encourage cheering and tunnel after the game.

SYSL Rules u12

1. 11v11 on the field (minimum of 8 players to start the game)
2. Length of game 50 min 2 =25mins half's not counting half time. (2 = 25mins half's)
3. There must be a goalie (1) and 10 field players
4. There will be off-sides, throws in , free kick , direct and indirect
5. Substitutions shall be called pursuant to the laws of the game (possession and dead ball situations).
6. ALL players are to play 50/50 regardless of attendances of practice.
7. Good sportsmanship after the game shakes hands.